

# Spring Wildflowers at Mile-Around Woods

In approximate order of appearance

**Nancy Felix 2024**



**Spring beauty** *Claytonia caroliniana*

Flowers white with pink nectar guides for bees  
Pollinated by spring beauty miner bee  
and 23 other bees  
Elaiosomes attract ants to carry seeds  
Grow from tubers, flowers early



**Sharp-lobed hepatica** *Anemone acutiloba*

Green to red liver-shaped leaves, overwinter  
White or purple petal-like sepals, 5-12  
Hairy during early growth for cold protection



**Bloodroot** *Sanguinaria canadensis*

White petals, 8-12; many yellow stamens  
Folded leaves, flowers grow up through, cold protection  
Self-pollinate 3 days, then open for pollinators  
Leaves remain all summer  
Red sap  
Elaiosomes for ant dispersal



**Dutchman's breeches** *Dicentra cucullaria*

Flowers white and yellow, 2 long-spurs with nectar  
Pollinated by Queen bumblebees with long tongue  
Grow from bulblets, white to pink, tear-shaped  
Roots, buds grow in fall ready for early spring



**Squirrel corn** *Dicentra canadensis*

Flowers white and pink, rounded spurs  
Lacy leaves, die back in summer  
Round yellow bulblets, like corn  
Related to garden bleeding heart  
Elaiosomes for ant dispersal

Copies provided by **The Fund for North Bennington**

<https://northbennington.org/mile-around/>



**Early blue cohosh** *Caulophyllum giganteum*

Deep blue stem and leaves  
 Flowers purple sepals, tiny petals  
 Pollinated by flies, bees, self  
 Blue berries



**Trout lily** *Erythronium americanum*

Yellow flowers with 6 tepals  
 Leaves mottled green and burgundy  
 Clones, lots of leaves, few bloom each year  
 Bulbs, stolon droppers  
 Bee-pollinated, elaiosomes for ant dispersal



**Red trillium** *Trillium erectum*

Flowers with 3 red petals  
 Leaves in whorls of 3  
 Bad odor, fly pollinated  
 Rhizomes, elaiosomes



**White trillium** *Trillium grandiflorum*

Flowers with 3 white petals, pink when old  
 Leaves in whorls of 3  
 Nectar, pollinated by long-tongued bees  
 Rhizomes, often see multiple flowers



**Wild ginger** *Asarum canadense*

Large, heart-shaped leaves, long-lasting  
 Red flower on ground  
 Fly and beetle pollinated  
 Root smells like ginger but contains toxins



**Jack-in-the-Pulpit** *Arisaema triphyllum*

Leafy, purple-striped bract with hood  
 Spike inside with tiny unisexual flowers  
 Large leaves with 3 leaflets  
 Pollinated by fungus gnats  
 Bright red berries



**Two-leaved toothwort** *Cardamine diphylla*  
**Cut-leaved toothwort** *C. concatenata*

Leaves with broad or narrow leaflets  
 Flowers with 4 white or pink petals  
 Nectar for long-tongued bees and flies  
 Host plant for West Virginia white butterfly



**Downy or forest violet** *Viola pubescens*

Yellow flowers with brown nectar guides  
 Leaves on stems, heart-shaped, hairy beneath

vs **Round-leaved violet** *Viola rotundifolia*  
 Leaves at base, round with blunt teeth



**Sister or woolly blue violet** *Viola sororia*

Pale to dark purple with dark purple nectar guides  
 Lateral petals bearded, short spur  
 Leaves at base, broad heart-shaped, hairy

vs **Marsh violet** *V. cucullata* Leaves not hairy



**Long-spurred violet** *Viola rostrata*

Pale purple, deep purple center  
 Purple nectar guides, not bearded  
 Long spur, 1/2 inch



**Canada violet** *Viola canadensis*

Flowers white with yellow centers  
 Purple nectar guides, bearded  
 Back of petals purple  
 Leafy stems



**Herb-Robert** *Geranium robertianum*

Pink flowers, 5 petals  
 Pink and white stripes, nectar-guides  
 Leaves 3-5 lobes, incised, fern-like  
 Fruit with long beak, looks like crane's bill



**Two-leaved bishop's cap or mitrewort**

*Mitella diphylla*

Flowers with tiny, white-fringed flower petals

Look like delicate snowflakes

Leaves triangular coarsely toothed, 1 pair on stem

Fruit 2-valved capsule looks like bishop's mitre



**Foam flower** *Tiarella cordifolia*

Spikes of white flowers, buds on top

5 petals, 10 long stamens.

Leaves all at base, triangular, sharply toothed



**False Solomon's seal**

*Maianthemum racemosum*

Many tiny, white flowers at end of branch

Showy white stamens, tiny petals

Stems zig-zag with alternate leaves

Red berries



**Eastern waterleaf**

*Hydrophyllum virginianum*

Leaves with waterspots, deeply lobed

Leaves early, flowers June - July

Lavender flowers in coiled clusters.

5 petals, long stamens



**Wild leek, ramps** *Allium tricoccum*

Leaves early spring, die back in summer

Broad, green leaves from bulbs

Flowers white-cream in round umbels

Flowers after leaves disappear